



Gig Buddies Bristol

What to expect

An easy read document

How to use this document



This is an easy read document. You might still need support to read and understand it. You may want to ask someone to help you.

Words in **bold pink writing** may be hard to understand.



Where the document says **we**, this means **Gig Buddies Bristol**. For more information you can contact:

Website: www.exchangebristol.com/gig-buddies/

Email: info@gigbuddiesbristol.com

Address: Gig Buddies Bristol

Exchange

72-73 Old Market Street

Bristol

BS2 0EJ

What to expect



Gig Buddies helps people with learning disabilities and autism to make new friends who have the same interests as them.



We will pair you with somebody that likes similar events as you. This can be anything that you enjoy doing!



Before you meet your Gig Buddy we will meet you to tell you more about the Gig Buddies Bristol project. You can bring a family member, friend or support worker with you.



Once you have been paired with your Gig Buddy you can go start planning to go to events together. Usually this happens once a month.



You can make your plans with your Gig Buddy in person, on the phone or on a video chat such as Zoom.



Once you have made your plans you can start going to events together. Usually this happens once a month.



If you would like a Gig Buddy you can fill out the application form in the link below. You can ask someone to help you if you want.

If you would like a Gig Buddy please go to the [Gig Buddies website](#).