

Gig Buddies Bristol

What to expect

An easy read document

How to use this document



This is an easy read document. You might still need support to read and understand it. You may want to ask someone to help you.



Where the document says **we**, this means **Gig Buddies Bristol**. For more information you can contact:

Website: www.exchangebristol.com/gig-buddies/

Email: info@gigbuddiesbristol.com

Address: Gig Buddies Bristol

Exchange

72-73 Old Market Street

Bristol

BS2 0EJ

What to expect



Gig Buddies helps autistic people and/or people with learning disabilities to make new friends who have the same interests as them.



We will pair you with somebody that likes similar events as you. This can be anything that you enjoy doing!



Before you meet your Gig Buddy we will meet you to tell you more about the Gig Buddies Bristol project. You can bring a family member, friend or support worker with you.

This will usually take place on a video chat such as zoom, but can also take place over the phone or in real life if you prefer.



Once you have been paired with your Gig Buddy you can go start planning to go to events together. Usually this happens once a month.



You can make your plans with your Gig Buddy in person, on the phone or on a video chat such as Zoom.



Once you have made your plans you can start going to events together. Usually this happens once a month.

A screenshot of the Gig Buddies application form. The form is titled 'GIG' and 'Gig Buddies application form'. It contains several sections with icons: a person icon, a checkmark icon, a pie chart icon, and a group of people icon. The form is partially filled out with text.

If you would like to apply you can fill in the [Gig Buddies application form](#) and send it to admin@gigbuddiesbristol.com. You can fill in the form yourself or you can ask someone to assist you with this.